

NEWSLETTE

November 10th 2025

DIARY DATES

Diary Dates.

Anti Bullying week - 10th **NOVEMBER** CYCLING proficiency 10th November - Year 5 Children In need Day - 14th **November** come in your spots to support this Charity. Pay on parent pay.

EY and KS1 police visit 18th November 25th November at 9.15 Year 1 and year 2 Phonics session please join us.

28th November - Snowtubing **SIlksworth**

1st December Dental NUrse visits the children.



ATTENDANCE

THIS WEEK'S attendance

96%

As of September 2024, no holidays will be authorised unless there are exceptional circumstances. Any holiday over 5 days will also be subject to a referral for a penalty notice. Lateness and absences must now be closely monitored too. There have been a number of children

being collected early - please note that we are required to see a letter, email or text as proof of appointments.

Year 5 Attendance winners again this week.

office@englishmartyrssunderland.org.uk







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Welcome Back

Welcome Back!

We hope all our families had a wonderful half-term break, filled with fun, rest, and special moments together. Now that Halloween and Bonfire Night have passed, we're excited to begin the second half of the autumn term—a time full of reflection, celebration, and joy.

Over the coming weeks, we'll be marking Remembrance Day, preparing for Advent, and embracing the festive spirit as we head towards Christmas. There will be plenty of opportunities for creativity, learning, and togetherness, and we can't wait to share these experiences with your children.

Thank you, as always, for your continued support. Let's make this half-term a memorable one!





FATHER DAVID VISITS US...









Year One and Year Two have been learning all about the symbols of baptism this week in their RE lessons. Fr David popped in to support our children and very kindy baptised the baby to show us what a real baptism would look like.

YEAR 6 LEAD US IN REMEMBERANCE.











Year 6 led us in their celebration of the word.

We remember as one school community those we have lost.

CAHMS SUPPORT

CaMHS Workshops

(Child and Adolescent Mental Health Services)

Supporting your child with their mental health and wellbeing

We know that it can be really hard to support your child when they are struggling with their mental health. So CaMHS would like to invite you to attend online workshops.

All workshops are going to be on Microsoft Teams.

You will have the chance to ask some questions at the end.

Workshop	Description of workshop	Age Group	Other Information	Dates/Times
Supporting your child with their mental health and well being	This workshop provides further information about mental health difficulties and what you can do as a parent to support your child.	Parents of all ages.	Duration – 90 minutes	Thurs 2nd Oct 10am Thurs 6th Nov 1pm Thurs 4th Dec 10am
Sleep hygiene	This workshop will promote healthy sleeping habits for your child.	Parents of all ages.	Duration – 60 minutes	TBC

To book onto one of the workshops please download and complete the following form and send it to: stsft.camhsworkshops@nhs.net

Link to booking form:

https://www.stsftmentalhealth.nhs.uk/download_file/view/b6b28857-488b-4a7a-966f-5eb9d3d7d86e/879



Outdoor coats

As the weather begins to turn more autumnal, we kindly ask that all children come to school wearing a suitable outdoor coat to ensure they stay warm and dry during outdoor activities. To help us return any misplaced items, please ensure that all coats are clearly labelled with your child's name.

Thank you for your continued support.



Parking Safety Reminder

To help keep all children safe during dropoff and pick-up times, we kindly remind parents and carers not to park on the zigzag lines outside the school. These areas must remain clear to ensure visibility and safe crossing for pupils. Your cooperation helps us maintain a safe and welcoming environment for everyone.

Thank you







NEWSLETTER

PE Days

NURSERY - Friday

RECEPTION - Thursday

YEAR 1 - Monday

YEAR 2 - Monday

YEAR 3 - Wednesday

YEAR 4 - Swimming (Monday)

Tuesday PE

YEAR 5 - Wednesday

YEAR 6 - Tuesday

Please can you ensure that earrings are removed for PE days.

School Meals – Meals should be paid in advance for the week ahead. Make sure your child's meal balance is paid up to date.

Clothing Labels – Please make sure all clothing is labelled correctly.







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AFTER SCHOOL CLUBS

After-school clubs give children the chance to explore new interests, build confidence, and make new friends. Whether it's sports, music, art, or something else, clubs help children develop important skills while having fun in a relaxed and supportive environment.

It's a great way to end the school day with creativity, teamwork, and smiles!

MONDAY	Multi Skills Year3,4 and 5 (3.15pm - 4.15)
TUESDAY	 Football Club Y5,6 20 3.20 – 4.15pm Art and Craft Y2,3 15 3.20 – 4.15pm Drama Club Y2, Y3, Y4, Y5. Y6 25 3.20 – 4.15pm
WEDNESDAY	• Seasonal Games Y2,3,4 15 3.20 – 4.15pm
THURSDAY	 Art and Craft Reception, YI 15 3.20 – 4.15pm Netball/Basketball Y3, Y4, Y5, Y6 25 3.20 – 4.15pm

Please give permission for yourchild to attend the above after school clubs and agree to pay £2 per week for each activity, termly, in advance £26 on ParentPay

Breakfast club runs 8.00am - 9.00 am. £2.00 per session please ring the school office know if you require a place (max 30)

SCHOOL LUNCHES



A healthy school lunch helps children stay focused, energised, and ready to learn. It's a great way for them to try new foods, enjoy a balanced meal, and share lunchtime with friends — all part of a happy, productive school day!
#HealthyEating #SchoolLunchMatters #FuelForLearning

New school lunch menu





Communion TIVETABLE

ST. HILDA'S AND ENGLISH MARTYRS' FIRST HOLY COMMUNION PROGRAMME

hursday	Meeting for Parents & Welcome Liturgy	3.20 p.m.	All First Holy Communion	
8,09.25	English Martyrs' School		Children & Parents	
hursday	Session 2 - Baptism	3.20 -4.15pm	All First Holy Communion	
3.11.25	English Martyrs' School		Children & Catechists	
aturday	Liturgy during Mass	5.45 p.m.	All First Holy Communion	
5.11.25	St. Hilda's Church		Children & Parents	
4 6	Session 3 – Gifts We Offer	2 20 445	1000	
hursday 7.11.25	English Martyrs' School	3.20-4.15pm	All First Holy Communion Children & Catechists	
(11112)	English Martyrs: School		Cimaren & Cincernsis	
aturday	St. Hilda's Church	5.45 p.m.	All First Holy Communion	
9.11.25	on Andrews Charter	Si to pani	Children & Parents	
		-	1 SACON MAN HOLD CONTRACTOR OF THE PARTY OF	
hursday	Session 4 - Listening	3.20-4.15pm	All First Holy Communion	
.01.26	English Martyrs' School		Children & Catechists	
iturday	Liturgy during Mass	5.45 p.m.	Children and Parents	
.01.26	St. Hilda's Church			
CONTRACTOR OF	Participation with the control of th	2 20 445	40.00	
hursday 5.02.26	Session 5 - Reconciliation English Martyrs' School	3.20-4.15pm	All First Holy Communion Children & Catechists	
0.02.20	English Martyrs' School		Canaden & Catecinsis	
aturday	Liturgy during Mass	5.45 p.m.	Children and Parents	
3.02.26	St. Hilda's Church	5.45 p.m.	Camaren and Farends	
	C CD W	245 445	1 THE R. LEWIS CO., LANSING, MICH.	
hursday 2.03.26	Sacrament of Reconciliation	3.15-4.15pm	All First Holy Communion	
	English Martyrs' School Chapel		Children, Parents & Catechists	
			I accepted to the second secon	
hursday	Session 6 – Give Thanks	3.20-4.15pm	All First Holy Communion	
0.05.26	English Martyrs' School		Children & Catechists	
aturday	Liturgy during Mass	5.45 p.m.	Children and Parents	
2.05.26	St. Hilda's Church			
hursday 1.06.26	Session 7 – Take and Eat	3.20-4.15 pm	All First Holy Communion	
1.00.20	English Martyrs' School		Children & Catechists	
aturday	Session 8 – First Holy Communion Celebration	09.30 am	Children and Parents	
6.06.26	St Hilda's Church	02.30 am	Cimaren and Farents	
riday	Session 9 - Sending Out - Party	13.00-15.00pm	All First Holy Communion	



Father David expects commitment to attend all of the above in order to proceed to Making the Sacrament



SAFEGUARDING

SAFEGUARDING IS EVERYONE'S RESPONSIBILITY!

If incidents involving children from our school are taking place in the local community, please report your concerns to **Together for Children**.

- To report a child safeguarding concern (0 to 17 years old) contact Together for Children on 0191 5617007 (available 8.30am to 5:15pm Monday – Thursday, 8.30am to 4.45pm Friday).
- Out of hours duty safeguarding officer: 0191 5205552
- For serious incidents, we would always advise contacting the police directly 999 or 101 for nonemergencies
- Gentoo Housing co-ordinator for North Sunderland 07734597810

Keeping children safe is everyone's responsibility

Our school designated safeguarding leads







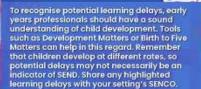


SUPPORTING CHILDREN WITH **SEND**

की स्वीग वर्जी PORTING CHILDREN WITH SEND

Supporting children with special educational needs and disabilities (SEND) in early years settings is of paramount importance. Early identification of SEND and appropriate rapid intervention can make a profound difference to a child's developmental trajectory, as well as to their overall wellbeing and learning.

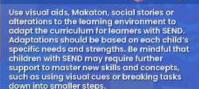
IDENTIFY POTENTIAL SEND EARLY



TAKE A GRADUATED APPROACH

llow a clear process to ensure that support is tailored to the individual child. Identify assess the child's needs, using information from sources such as parents and specialists. Develop a personalised plan outlining learning goals and strategies. Provide appropriate support, resources and adaptations for the child. Review their progress regularly, making adjustments as needed

ADAPT THE CURRICULUM



OBSERVE AND ASSESS REGULARLY

Observe and assess the child's progress to ensure their personal plan reflects their particular needs. Good quality observation provides detail on the child's strengths, interests and preferences. Regular assessment helps with planning appropriate activities, experiences and intervention strategies. Take information on board from parents and any other professionals involved

FOCUS ON THE CHILD'S STRENGTHS

Inclusive environments recognise that all children have unique abilities and contributions to make, promoting a sense of belonging and acceptance. Celebrating children's strengths makes them feel valued and cultivates a positive sense of self. Building on the strengths of children with SEND ensures early years professionals can plan meaningful, enjoyable learning experiences.

PLAN TRANSITIONS CAREFULLY

Transitions across the setting or to another ranstants across the setting or to another environment can be especially challenging for children with SEND. Plan them in advance, working with the child's family and other relevant parties (such as their new teacher) to provide consistency and a sense of security. Social stories, visual cues and a gradual introduction to new environments can help to minimise the negative impact of transitions

DEVELOP PARENT PARTNERSHIPS

Regularly share information, discuss progress and address any concerns with parents. This helps to establish shared developmental goals and expectations, building consistency by and expectations, building consistency by allowing strategies used at nursery to be replicated at home. Ideally, the level of engagement with parents should enable them to contribute to assessments, planning and reviews of their child's progress.

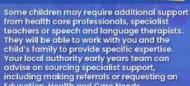
REVIEW THE SEND CODE OF PRACTICE

The SEND Code of Practice contains invaluable information about the obligations of settings working with children with SEND. It also offers advice on ways to support children who have SEND, as well as guidance on additional SEMBLACHEE support which is available from a range of professionals.

SPEAK TO YOUR SENCO

Your setting's Special Educational Needs Co-Ordinator (SENCO) will be able to support you with any aspect of working with children who have SEND. This should include providing training, advice and support to early years practitioners – enhancing their understanding of SEND and helping them to develop effective strategies for supporting children with additional needs

SEEK EXTERNAL SUPPORT



INVEST IN ONGOING TRAINING

Regular training enhances the knowledge and skills of early years professionals when supporting children with SEND. Training could be on statutory requirements, relevant policies and procedures, or specific intervention strategies employed in your setting. It may be available through your local authority or stronger practice hub – or could be delivered by your SENCO.





