

We love, learn and grow together through Jesus Christ

NEWSLETTER

September 12th 2025

DIARY DATES

Friday 26th September - Macmillan coffee morning (details to follow)

Year 1 Road Safety begins
16/09/2025

Year 5 & 6 visit to Bede's World
25/09/25

Year 1 & 2 visit to West Boldon Lodge 30/09/25

Nursery Stay and Play 9-9:50
06/10/2025

Friday 10th October - Maths Problem Solving Day

Tuesday 14th October - Rise Theatre (all year groups)

Friday 17th October - Hancock Museum (Year 3 & 4)

Friday 24th October - Break up for half-term holiday



St. Anthony's Girls' Catholic Academy
YEAR 6 OPEN EVENING
6:00 PM - 8:00 PM
TUESDAY 23 SEPTEMBER 2025

Presented by the Diocese of Hexham & Newcastle
Catholic Education Trust

0191 2662000
enquiries@stanthony.academy
stanthony.academy.co.uk
www.stanthony.academy.co.uk



St Aidan's Catholic Academy: "If you want your son to achieve, then this is the place to be."

OPEN EVENING Y5/6
JOIN US ON TUESDAY 16 SEPTEMBER 2025 AT 6.00 PM

An Outstanding Catholic Academy
"Where excellence is a habit!"

ATTENDANCE

THIS WEEK'S *attendance*

96%

As of September 2024, no holidays will be authorised unless there are exceptional circumstances. Any holiday over 5 days will also be subject to a referral for a penalty notice. Lateness and absences must now be closely monitored too.

There have been a number of children being collected early - please note that we are required to see a letter, email or text as proof of appointments.



**ENGLISH
MARTYRS
SUNDERLAND**

always check
the website for
the most up
to date
holiday dates



englishmartyrssunderland.org.uk



office@englishmartyrssunderland.org.uk



Proud to be part of
Bishop Chadwick
Catholic Education Trust

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September 12th 2025

WELCOME

Welcome to the New academic Year
We hope you have had a lovely summer holiday and spent time making memories with your family.

The children have returned happy, smart and ready for the new challenges of their new year group.

Our New Nursery and Reception children are beginning to settle to school life.

We welcome our new staff to the school community and we thank you for your warm welcome.

Year 6 Secondary letters have already been sent home - please check Facebook for Open Evening information to help you decide.



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NEWSLETTER

September 5th 2025



PE Days

NURSERY - Friday
RECEPTION - Thursday
YEAR 1 - Monday
YEAR 2 - Monday
YEAR 3 - Wednesday
YEAR 4 - Swimming (Monday)
Tuesday PE
YEAR 5 - Wednesday
YEAR 6 - Tuesday

Please can you ensure that earrings are removed for PE days.

Exciting News



Year 5 Super Writers.
We are so proud WELL DONE.

Thank you kindly all for your warm welcome and I look forward to working with you all in the next year. Mrs Peart





AFTER SCHOOL CLUBS

Why After-School Clubs Are Brilliant!

After-school clubs give children the chance to explore new interests, build confidence, and make new friends. Whether it's sports, music, art, or something else, clubs help children develop important skills while having fun in a relaxed and supportive environment. It's a great way to end the school day with creativity, teamwork, and smiles! 😊

MONDAY	Multi Skills Year3,4 and 5 (3.15pm - 4.15)
TUESDAY	<ul style="list-style-type: none">• Football Club Y5,6 20 3.20 - 4.15pm• Art and Craft Y2,3 15 3.20 - 4.15pm• Drama Club Y2, Y3, Y4, Y5. Y6 25 3.20 - 4.15pm
WEDNESDAY	<ul style="list-style-type: none">• Seasonal Games Y2,3,4 15 3.20 - 4.15pm
THURSDAY	<ul style="list-style-type: none">• Art and Craft Reception, Y1 15 3.20 - 4.15pm• Netball/Basketball Y3, Y4, Y5, Y6 25 3.20 - 4.15pm

Please give permission for your child to attend the above after school clubs and agree to pay £2 per week for each activity, termly, in advance £26 on ParentPay

Breakfast club runs 8.00am - 9.00 am. £2.00 per session please ring the school office know if you require a place (max 30)



**ENGLISH
MARTYRS**
SUNDERLAND



Our Year 6 children have been working on their election speeches this week and bravely delivered them in the hall to the rest of the school. In the spirit of democracy, each class voted for who they felt the best candidates to represent the school would be. The votes were counted and the announcement made this afternoon. The twelve representatives of the 2025-26 school council have been informed. Well done to all who took part!





Holy Communion TIMETABLE

ST. HILDA'S AND ENGLISH MARTYRS' FIRST HOLY COMMUNION PROGRAMME

Thursday 18.09.25	Meeting for Parents & Welcome Liturgy <i>English Martyrs' School</i>	3.20 p.m.	<i>All First Holy Communion Children & Parents</i>
Thursday 13.11.25	Session 2 - Baptism <i>English Martyrs' School</i>	3.20 -4.15pm	<i>All First Holy Communion Children & Catechists</i>
Saturday 15.11.25	Liturgy during Mass <i>St. Hilda's Church</i>	5.45 p.m.	<i>All First Holy Communion Children & Parents</i>
Thursday 27.11.25	Session 3 – Gifts We Offer <i>English Martyrs' School</i>	3.20-4.15pm	<i>All First Holy Communion Children & Catechists</i>
Saturday 29.11.25	St. Hilda's Church	5.45 p.m.	<i>All First Holy Communion Children & Parents</i>
Thursday 15.01.26	Session 4 - Listening <i>English Martyrs' School</i>	3.20-4.15pm	<i>All First Holy Communion Children & Catechists</i>
Saturday 17.01.26	Liturgy during Mass <i>St. Hilda's Church</i>	5.45 p.m.	<i>Children and Parents</i>
Thursday 26.02.26	Session 5 - Reconciliation <i>English Martyrs' School</i>	3.20-4.15pm	<i>All First Holy Communion Children & Catechists</i>
Saturday 28.02.26	Liturgy during Mass <i>St. Hilda's Church</i>	5.45 p.m.	<i>Children and Parents</i>
Thursday 12.03.26	Sacrament of Reconciliation <i>English Martyrs' School Chapel</i>	3.15-4.15pm	<i>All First Holy Communion Children, Parents & Catechists</i>
Thursday 30.05.26	Session 6 – Give Thanks <i>English Martyrs' School</i>	3.20-4.15pm	<i>All First Holy Communion Children & Catechists</i>
Saturday 02.05.26	Liturgy during Mass <i>St. Hilda's Church</i>	5.45 p.m.	<i>Children and Parents</i>
Thursday 04.06.26	Session 7 – Take and Eat <i>English Martyrs' School</i>	3.20-4.15 pm	<i>All First Holy Communion Children & Catechists</i>
Saturday 06.06.26	Session 8 – First Holy Communion Celebration <i>St Hilda's Church</i>	09.30 am	<i>Children and Parents</i>
Friday 12.06.26	Session 9 – Sending Out - Party <i>English Martyrs' School</i>	13.00-15.00pm	<i>All First Holy Communion Children & Catechists</i>

Father David expects commitment to attend all of the above in order
to proceed to Making the Sacrament

SCHOOL LUNCHES

The Power of a School Lunch!

A healthy school lunch helps children stay focused, energised, and ready to learn. It's a great way for them to try new foods, enjoy a balanced meal, and share lunchtime with friends – all part of a happy, productive school day!

#HealthyEating #SchoolLunchMatters #FuelForLearning

Current school lunch menu until 24th of October.

	WEEK 1	WEEK 2	WEEK 3
MONDAY	<p>CHOOSE A MAIN MEAL: Cheese and Tomato Pizza (V) Or Tuna or Cheese Sandwich Or Vegetable Lasagne (V) Or Jacket Potato with a choice of topping</p> <p>ON THE SIDE: Herby Diced Potatoes Sweetcorn Carrot and Cucumber Batons</p> <p>DESSERT: Choice of: Homemade Ginger Snap Cheese & Crackers Fresh Fruit Yoghurt</p>	<p>CHOOSE A MAIN MEAL: Tomato and Herb Pasta Or Veggie Sausage in a Bun Or Loaded Quesadilla (Wrap) Or Jacket Potato with a choice of topping</p> <p>ON THE SIDE: Potato Wedges Garlic Bread Assorted Vegetable Crudites Sweetcorn Baked Beans DESSERT: Choice of: Iced Sponge and Custard Cheese & Crackers Fresh Fruit or Yoghurt</p>	<p>CHOOSE A MAIN MEAL: Cheese and Tomato Pizza Or Vegetable and Rice Enchilada (V) Or Creamy Sweetcorn Pasta (V) Or Jacket Potato with a choice of topping</p> <p>ON THE SIDE: Homemade Potato Wedges Garlic Bread Carrot Batons Sweetcorn</p> <p>DESSERT: Choice of: Oaty Crunch Biscuit Cheese & Crackers Fresh Fruit or Yoghurt</p>
TUESDAY	<p>CHOOSE A MAIN MEAL: Chicken Fajita Or Pasta Bolognese Bake Or Macaroni Cheese (V) Or Jacket Potato with a choice of topping</p> <p>ON THE SIDE: Mr Tindale's Cheesy Smashed Potato Fritters Garlic Slice Green Beans/Cauliflower DESSERT: Choice of: Jelly with Mandarin Oranges & Ice-cream Cheese & Crackers Fresh Fruit or Yoghurt</p>	<p>CHOOSE A MAIN MEAL: Chadwick's Chicken Curry Or BBQ Chicken Flatbread Or Crispy Topped Vegetable Pie (V) Or Jacket Potato with a choice of topping</p> <p>ON THE SIDE: Chunky Jacket Wedges Wholegrain Rice Broccoli/Cauliflower Baked Beans DESSERT: Choice of: Mrs Fallon's Biscuit Cheese & Crackers Fresh Fruit Yoghurt</p>	<p>CHOOSE A MAIN MEAL: Mr Tindale's Katsu Chicken Or Homemade Sausage Roll Or Macaroni Cheese (V) Or Jacket Potato with a choice of topping</p> <p>ON THE SIDE: Baby Boiled Potatoes Cauliflower/Broccoli</p> <p>DESSERT: Choice of: Mrs Vicker's Orange Drizzle Cake Cheese & Crackers Fresh Fruit or Yoghurt</p>
WEDNESDAY	<p>CHOOSE A MAIN MEAL: Roast of the Day Or Chicken Savoury Rice with Curry Sauce Or BBQ Pulled Quorn Wrap (V) Or Jacket Potato with a choice of topping</p> <p>ON THE SIDE: Roast Potatoes Yorkshire Pudding Carrots Peas</p> <p>DESSERT: Choice of: Apple Crumble & Custard Cheese & Crackers Fresh Fruit Yoghurt</p>	<p>CHOOSE A MAIN MEAL: Roast of the Day Or Pizza Sub Or Creamy Broccoli Pasta (V) Or Jacket Potato with a choice of topping</p> <p>ON THE SIDE: Roast Potatoes Carrots/Green Beans</p> <p>DESSERT: Choice of: Mr Tindale's Butterscotch Pudding Cheese & Crackers Fresh Fruit Yoghurt</p>	<p>CHOOSE A MAIN MEAL: Roast of the Day Or Chicken Pasta Bake Or Cheese Melt Wrap (V) Or Jacket Potato with a choice of topping</p> <p>ON THE SIDE: Roast Potatoes Garlic Bread Carrots and Peas/White Cabbage DESSERT: Choice of: Chadwick's Kitchen Special Flapjack Cheese & Crackers Fresh Fruit or Yoghurt</p>
THURSDAY	<p>CHOOSE A MAIN MEAL: Northumberland Sausages Or Chicken and Tomato Pasta Or Quorn Burger in a Bun (V) Or Jacket Potato with a choice of topping</p> <p>ON THE SIDE: Creamy Mashed Potatoes Garlic Slice Carrot and Swede Mix Broccoli DESSERT: Choice of: Mrs Kirsop's Traybake Cheese & Crackers Fresh Fruit Yoghurt</p>	<p>CHOOSE A MAIN MEAL: Chefs Pie of the Day Or Ham or Tuna Sandwich Or Tomato and Herb Pasta (V) Or Jacket Potato with a choice of topping</p> <p>ON THE SIDE: Creamy Mashed Potatoes Garlic Slice Broccoli/Swede Baked Beans</p> <p>DESSERT: Choice of: Summer Berry Cheesecake Cheese & Crackers Fresh Fruit or Yoghurt</p>	<p>CHOOSE A MAIN MEAL: Mince and Dumplings Or Chicken Chow Mein Or Tomato Pasta Bake (V) Or Jacket Potato with a choice of topping</p> <p>ON THE SIDE: Creamy Mashed Potatoes Or Potato Wedges Sweetcorn/ Green Beans Baked Beans</p> <p>DESSERT: Choice of: Fruit Medley Cheese & Crackers Fresh Fruit or Yoghurt</p>
FRIDAY	<p>CHOOSE A MAIN MEAL: Fish Fingers or Fish Cakes Or Cheese and Bean Wrap (V) Or Jacket Potato with a choice of topping</p> <p>ON THE SIDE: Chips Peas Baked Beans Sweetcorn DESSERT: Choice of: Mrs Cole's Sticky Chocolate Muffin Cheese & Crackers Fresh Fruit or Yoghurt</p>	<p>CHOOSE A MAIN MEAL: Fish Fillet or Fish Fingers Or No-Meatball Flatbread (V) Or Jacket Potato with a choice of topping</p> <p>ON THE SIDE: Chips Baked Beans Peas</p> <p>DESSERT: Choice of: Chadwick's Kitchen Carrot Cake Muffins Cheese & Crackers Fresh Fruit or Yoghurt</p>	<p>CHOOSE A MAIN MEAL: Fish Fingers or Fish Cakes Or Salmon or Tuna Pasta Or Vegetable Savoury Rice (V) Or Jacket Potato with a choice of topping</p> <p>ON THE SIDE: Chips Peas Pepper Strips</p> <p>DESSERT: Choice of: Chocolate Crunch Cheese & Crackers Fresh Fruit or Yoghurt</p>

Healthy option on the day
 Least food miles travelled

Spring/Summer 2025



ONLINE SAFETY

What Parents & Educators Need to Know about

YOUTUBE

Almost anyone with an internet connection knows YouTube. The Google-owned site lets anyone upload videos to be shared around the world, and as a result, it's an incredible resource with instant free access to material covering every conceivable topic. But with over 500 hours of video uploaded every minute, not all of it will be appropriate for young eyes.

WHAT ARE THE RISKS?

INAPPROPRIATE CONTENT

YouTube is free and can be accessed via numerous devices, even without creating a YouTube account. Some content is flagged as 'age-restricted' (requiring the user to be logged into an account with a verified age of 18), but children can still view some mildly inappropriate content. This can include profanity and violence, which some young users may find upsetting.

CONNECT WITH STRANGERS

YouTube recommends videos related to what the user has previously watched on their account, aiming to provide content that will interest them. This is intended to be helpful but it can also lead to binge-watching and screen addiction – especially if 'auto-play' is active. Users without an account are shown popular videos from the last 24 hours, which might not always be suitable for children.

RADICALISATION

YouTube's algorithm tends to promote content that's getting the most traffic – a lot of which can be quite extreme. This can be fine for harmless topics, but YouTube isn't regulated like television, and that means that conspiracy theories, fake news and hateful ideologies can occasionally surface to warp impressionable minds all too easily. Remember – the more they watch, the more they'll be recommended.

CONNECTING WITH STRANGERS

YouTube is a social media platform which allows people to interact with other (usually unknown) users. Account holders can leave comments on any video they have access to, as well as message other users directly. Connecting with strangers online can potentially lead to children being exposed to adult language, cyberbullying and – in the worst cases – online predators. If a child is creating content themselves, this can increase the likelihood of them becoming a target.

TRENDS AND CHALLENGES

YouTube is teeming with trends and challenges, some of which are fun to watch and join in with. Children often find these immensely entertaining and might want to try them out. Most challenges tend to be safe, but many others may cause physical or emotional harm: children who watch or copy them. The painful 'salt and ice challenge' – where people use these two ingredients to burn their skin – is just one of many examples.

SNEAKY SCAMMERS

The comments sections of popular content creators regularly have scammers posing as that influencer, attempting to lure users into clicking on their phishing links. Scammers impersonate YouTubers by adopting their names and profile images, and often offer cash gifts or 'get rich quick' schemes. Children may not realise that these users aren't who they claim to be.

Advice for Parents & Educators

APPLY RESTRICTED MODE

For older children, Restricted Mode is an optional setting that prevents YouTube from showing inappropriate material (such as drug and alcohol abuse, graphic violence, and sexual content) to underage viewers. To prevent children from changing across age-inappropriate content on the platform, we would recommend enabling Restricted Mode on each device that they use to access YouTube. It's worth also turning the auto-play feature off, to prevent YouTube's algorithm automatically recommending something inappropriate.



TRY GOOGLE FAMILY

Creating a Google Family account allows parents and carers to monitor what their child is watching, uploading, and sharing with other users. It will also display their recently watched videos, searches, and recommended videos. In general, a Google Family account gives a parent or carer oversight of how their child uses sites like YouTube and helps to ensure that they are only accessing appropriate content.



MONITOR ENGAGEMENT

YouTube is the online viewing platform of choice for billions of people, many of them under 18. Younger children will watch different content to older ones, of course. You may want to keep an eye on how children interact with this material – and, if applicable, with content creators – to understand what they're interested in. Remember that creators often share content outside of YouTube, so don't ignore their web presence elsewhere!



CONSIDER YOUTUBE KIDS

It's possible to sidestep most inappropriate content completely via Google's own YouTube Kids app for Android handsets and iPhone. This lets you filter content by "preschool" (4 and under), "younger" (ages 5 to 8) and "older" (ages 9 to 12). This isn't a perfect substitute for personal supervision, as the app's filtering system is automated, and Google can't manually review all videos.

CHECK PRIVACY SETTINGS

YouTube gives users the option of uploading videos as 'private' or 'unlisted' – so they could be shared exclusively with family and friends, for example. Comments on videos can also be disabled and channels that a child is subscribed to can be hidden. If the child is only uploading videos set as 'private', they are far less likely to receive direct messages from strangers.



LIMIT SPENDING

Although YouTube is free, it does offer some in-app purchases. For example, users can rent and buy TV shows and movies to watch. If you'd like to avoid children purchasing content online, limit their access to online payment methods. Many parents have discovered the hard way that a child happily consuming a paid-for series quickly leads to an unexpected bill!



SAFEGUARDING

SAFEGUARDING IS EVERYONE'S RESPONSIBILITY!

If incidents involving children from our school are taking place in the local community, please report your concerns to **Together for Children**.

- To report a child safeguarding concern (0 to 17 years old) contact Together for Children on **0191 5617007** (available 8.30am to 5:15pm Monday – Thursday, 8.30am to 4.45pm Friday).
- Out of hours duty safeguarding officer: **0191 5205552**
- **For serious incidents, we would always advise contacting the police directly 999 or 101 for non-emergencies**
- **Gentoo Housing co-ordinator for North Sunderland 07734597810**

Keeping children safe is everyone's responsibility



Our school designated safeguarding leads



HOLIDAY DATES

Bishop Chadwick CET Term and Holiday Dates Academic Year 2025/26

193 TERM DAY ENVELOPE

	AUGUST 2025	SEPTEMBER 2025	OCTOBER 2025	NOVEMBER 2025	DECEMBER 2025	JANUARY 2026
Monday	4 11 18 25	1 8 15 22 29	6 13 20 27	3 10 17 24	1 8 15 22 29	5 12 19 26
Tuesday	5 12 19 26	2 9 16 23 30	7 14 21 28	4 11 18 25	2 9 16 23 30	6 13 20 27
Wednesday	6 13 20 27	3 10 17 24	1 8 15 22 29	5 12 19 26	3 10 17 24 31	7 14 21 28
Thursday	7 14 21 28	4 11 18 25	2 9 16 23 30	6 13 20 27	4 11 18 25	1 8 15 22 29
Friday	1 8 15 22 29	5 12 19 26	3 10 17 24 31	7 14 21 28	5 12 19 26	2 9 16 23 30
Saturday	2 9 16 23 30	6 13 20 27	4 11 18 25	1 8 15 22 29	6 13 20 27	3 10 17 24 31
Sunday	3 10 17 24 31	7 14 21 28	5 12 19 26	2 9 16 23 30	7 14 21 28	4 11 18 25

	FEBRUARY 2026	MARCH 2026	APRIL 2026	MAY 2026	JUNE 2026	JULY 2026
Monday	2 9 16 23	2 9 16 23 30	6 13 20 27	4 11 18 25	1 8 15 22 29	6 13 20 27
Tuesday	3 10 17 24	3 10 17 24 31	7 14 21 28	5 12 19 26	2 9 16 23 30	7 14 21 28
Wednesday	4 11 18 25	4 11 18 25	1 8 15 22 29	6 13 20 27	3 10 17 24	1 8 15 22 29
Thursday	5 12 19 26	5 12 19 26	2 9 16 23 30	7 14 21 28	4 11 18 25	2 9 16 23 30
Friday	6 13 20 27	6 13 20 27	3 10 17 24	1 8 15 22 29	5 12 19 26	3 10 17 24 31
Saturday	7 14 21 28	7 14 21 28	4 11 18 25	2 9 16 23 30	6 13 20 27	4 11 18 25
Sunday	1 8 15 22	1 8 15 22 29	5 12 19 26	3 10 17 24 31	7 14 21 28	5 12 19 26

	AUGUST 2026	SEPTEMBER 2026
Monday	3 10 17 24 31	7 14 21 28
Tuesday	4 11 18 25	1 8 15 22 29
Wednesday	5 12 19 26	2 9 16 23 30
Thursday	6 13 20 27	3 10 17 24
Friday	7 14 21 28	4 11 18 25
Saturday	1 8 15 22 29	5 12 19 26
Sunday	2 9 16 23 30	6 13 20 27

- School Holidays
- Bank Holidays
- INSET Day

Half Term - 40	01/09/25 - 24/10/25
Half Term - 35	03/11/25 - 19/12/25
Half Term - 35	05/01/26 - 20/02/26
Half Term - 24	02/03/26 - 02/04/26
Half Term - 24	20/04/26 - 22/05/26
Half Term - 35	01/06/26 - 17/07/26
193	